Complimentary Access 24/7 Confidential*
All family members covered

888.470.1531
myASPIREonline.com
info@myASPIREonline.com

Your 24/7 access to ASPIRE Student Assistance services
• Submit requests online
• Live chat with ASPIRE specialists
• Watch ASPIRE student orientation video
• Access Veteran Assistance resources
• See what ASPIRE has to offer

Need help?
ASPIRE Student Assistance has you covered.

*All information shared with the ASPIRE program is strictly confidential unless the student consents otherwise or the law requires.

ASPIRE Student Assistance is powered by ACI Specialty Benefits.

SSC_BRO01_140814
Achieve your goals with ASPIRE Student Assistance

While college can be an exciting time in life, it can be a very challenging time as well. Sometimes the reality of attending school, combined with personal problems and the pressures of everyday life, can create a stressful situation.

A problem could be related to school, like time management or staying motivated, or it could be something else, such as anxiety, handling a separation or divorce, or a financial crisis.

Where can you go for help? Where can you get the professional and reliable advice you might need to stay on track and stay in school?

ASPIRE is your one-stop shop for assistance inside of the classroom and out. ASPIRE gives enrolled students and their families 24/7 direct access to a network of professionals to provide emotional support, life coaching, financial and legal consultation, and a wide range of resources to balance school and life.

Emotional Support
Talk to a professional clinician about stress, anxiety, or any personal, emotional or family matter that may be affecting your general well-being or school performance.

Legal Consultation
Attorneys are available by phone to provide consultation on a wide range of legal matters.

Financial Consultation
Talk to an experienced financial expert for advice on personal finances, debt issues or other financial concerns.

Child Care Referrals
If you’re looking for babysitters, day care, after-school activities, special needs programs and other child care services, ASPIRE can provide referrals based on your location, budget and specific needs.

Elder Care Referrals
If you need legal, financial, housing or caretaking assistance for aging parents or elderly dependents, ASPIRE can provide referrals and support based on your situation.

Academic Challenges
For difficulties with academic performance, test anxiety, focusing on studies, attendance, or balancing school and life, an ASPIRE clinician can give you the tools, motivation and support to overcome challenges and stay on track.

Veteran Assistance
ASPIRE offers specialized assistance for veteran students and military family members. For more information visit myASPIREonline.com.

Five things you need to know about ASPIRE

• Complimentary – No cost to students or family members
• 24/7 Access – Services are available day or night
• Confidential* – All contact is private and confidential
• Open to family members – Any family member can use the ASPIRE program
• Easy to use – Access ASPIRE your way by phone, email, or online

*All information shared with the ASPIRE program is strictly confidential unless the student consents otherwise or the law requires.