Need help?  
ASPIRE Student Assistance has you covered.

We know you have a lot going on. On top of academics, there’s work stress, family responsibilities, housing, and more.

Good thing you can turn to ASPIRE. Contact ASPIRE 24/7 for:

**Emotional Support**
- Stress management
- Anxiety and depression
- Family conflicts
- Academic challenges

**School/Life Referrals**
- Legal consultation
- Financial consultation
- Child care
- Elder care

**Tools for Daily Living™**
- Job search
- Emergency housing
- Low-cost laptops
- Community resources

**Contact ASPIRE now.**

888.470.1531
myASPIREonline.com
info@myASPIREonline.com

*All information shared with the ASPIRE program is strictly confidential unless student consents otherwise or law requires.