MASSAGE THERAPY

CARRINGTON COLLEGE

About This Program

Massage therapists bring positive well-being to clients via therapeutic and remedial treatments. They also administer other kinds of body conditioning. Carrington's Massage Therapy program covers massage therapy principles and techniques, including Swedish massage, sports massage and deep tissue applications, and prepares students for entry-level employment as massage therapists and/or to enter private practice. The Massage Therapy program at all locations prepares students for the Massage & Bodywork Licensing Examination (MBLEx)[1].

Careers in Massage Therapy[2]

Massage therapists work in an array of settings such as spas, franchised clinics, physicians' offices, hotels and fitness centers. Some massage therapists also travel to clients' homes or offices to give a massage, while others work out of their own homes.[3] Wherever the treatment is delivered, clients view the massage experience as a positive contribution to their overall health.

Knowledge and Skills

Upon completion of the Massage Therapy program, graduates will be able to:

- Complete massage procedures competently and safely in a variety of settings.
- Compare the benefits of a variety of massage techniques.
- Explain pathologies as it relates to human anatomy and physiology.

Technical Coursework

Students in Carrington College's certificate programs complete technical coursework and participate in a career development seminar course.

Technical coursework in Carrington College's Massage Therapy program covers anatomy and physiology, terminology, function and structure of the body's muscular, skeletal and internal systems, and ethical, legal and business concerns. The final portion of the program is an externship.

Carrington's academic catalog, available at **carrington.edu/catalog**, provides the most current and detailed program information, including admission and graduation requirements.

The program culminates in a Certificate of Achievement.

Find your path to change

[1] Carrington College prepares students to take appropriate certification and licensure exams related to their individual majors. The College does not guarantee students will successfully pass these exams or be certified or licensed as a result of completing the program. Credential preparation varies by location.

[2] Individuals seeking to enter this career field may be subject to screenings such as, but not limited to, criminal background checks and drug/alcohol testing prior to externship, to attain occupational licensure/certification or employment, and throughout their careers.

[3] Source: https://www.bls.gov/ooh/healthcare/massage-therapists.htm#tab-3

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Campus Based: Boise and Spokane

Massage Therapy Campus-Based Certificate Requirements

TECHNICAL COURSES		LECTURE HOURS	LAB HOURS	EXTERN HOURS	SEMESTER CREDIT HOURS
MT1.5	Massage Therapy Theory 1	45	0	0	3
MT101.5	Massage Applications and Lab 1	0	60	0	2
MT2.5	Massage Therapy Theory 2	45	0	0	3
MT102.5	Massage Applications and Lab 2	0	60	0	2
MT3.5	Massage Therapy Theory 3	45	0	0	3
MT103.5	Massage Applications and Lab 3	0	60	0	2
MT4.5	Massage Therapy Theory 4	45	0	0	3
MT104.5	Massage Applications and Lab 4	0	60	0	2
MT5.5	Massage Therapy Theory 5	45	0	0	3
MT105.5	Massage Applications and Lab 5	0	60	0	2
MT160.5	Professional Practice and Business Foundations	60	30	0	5
CDV198.3C[1]	Career Development Seminar	45	0	0	3
MT502.2	Externship	0	0	135	3
TOTAL FOR CERTIFICATE		**330**	**330**	**135**	**36**[2]

[1]Online general education course, [2]795 Contact hours

Approximate time to complete certificate program: 36 weeks (not including breaks)

Accreditation and Disclosures

Carrington College is accredited by the Accrediting Commission for Community and Junior Colleges, 428 J Street, Suite 400, Sacramento, CA 95814, (415) 506-0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education.

Additional information about accreditation, including the filing of complaints against member institutions, can be found at **accjc.org.**

For comprehensive information on Carrington's accreditation and approvals, visit **carrington.edu/accreditation.** Visit **carrington.edu/sci** for important information on program outcomes.

Program availability varies by location. Carrington College reserves the right to update information as it becomes available. For the most updated information, visit **carrington.edu.**