

Dental Hygiene

SACRAMENTO CAMPUS
ASSOCIATE OF SCIENCE DEGREE

About The Campus

Carrington College's Sacramento campus is located on a seven-acre site and occupies and occupies 41,000 square feet of space in two buildings. The campus includes classrooms with ceiling-mounted LCD projectors; a Student Success Center equipped with reference materials, textbooks and journals; student computers; a learning laboratory with tutoring services; and a four-bed simulation laboratory.

The Carrington library website offers online resources and professional organization information. The facilities also include a dental hygiene clinic, dental assisting laboratories, a radiography laboratory, computer laboratories, nursing laboratory, a professional veterinary technology surgery suite, a pharmacy technology lecture classroom with a simulated retail environment. The campus also features a student break room.

About This Program

Students in the Dental Hygiene program gain the skills and knowledge to provide comprehensive dental hygiene care. Instruction helps students develop professional communication skills with patients, colleagues and the public, as well as knowledge of ethical standards and professional behavior. Graduates of the program are prepared to take the Dental Hygiene National Board and state or regional clinical licensing examinations¹. Licensure qualifications may vary by state and are available from the campus program director or published in the clinical manual.

The program culminates in an Associate of Science degree.

Careers in Dental Hygiene²

Dental hygienists are licensed health specialists who provide patients with preventative, educational and therapeutic services, promoting oral health and control of oral disease. They observe and record abnormalities, take oral X-rays and apply fluoride and fissure sealants. They also provide periodical therapies such as root planning, as well as plaque, calculus and stain removal. The framework for this type of oral care is known as the Dental Hygiene, or DH, process of care.

Dental hygienists' career path can lead to employment¹ in a variety of health care environments such as:

- Dental offices
- Community dental clinics
- Public health agencies

¹ Carrington College prepares students to take appropriate certification and licensure exams related to their individual majors. The College does not guarantee students will successfully pass these exams or be certified or licensed as a result of completing the program. Credential preparation varies by location.

² Individuals seeking to enter this career field may be subject to screenings such as, but not limited to, criminal background checks and drug/alcohol testing prior to externship, to attain occupational licensure/certification or employment, and throughout their careers.

Knowledge and Skills

Upon completion of the Dental Hygiene program, graduates will be able to:

- Deliver comprehensive dental hygiene care to patients in a variety of professional settings via the Dental Hygiene (DH) process of care
- Demonstrate the ability to apply critical thinking, collaboration, communication, and professionalism

General Education Coursework

Applicants to the Sacramento Dental Hygiene degree program must have completed the following prerequisite courses at an accredited college or university, with a minimum grade of C and an overall GPA of 2.75 or higher. Science courses must have been completed within the previous five years.

- Speech/Oral Communication
- Introduction to Sociology
- English/Writing and Composition
- General Psychology
- College Mathematics
- Organic Chemistry with Lab
- Inorganic Chemistry with Lab
- Microbiology with Lab
- Human Anatomy with Lab
- Human Physiology with Lab
- General Nutrition



Visit Carrington.edu or call:
916-585-7770

Dental Hygiene Campus-Based Degree Program Requirements

Technical Courses		Lecture Hours	Lab Hours	Clinical Hours	Semester Credit Hours
DH 10	Introduction to Clinical Dental Hygiene	30	0	0	2
DH 100.1	Introduction to Clinical Dental Hygiene Lab	0	120	0	2
DH 11	Oral Radiology	30	0	0	2
DH 110	Oral Radiology Lab	0	30	0	1
DH 12	Oral Biology	30	0	0	2
DH 13	Head and Neck Anatomy	30	30	0	3
DH 14.1	Dental Morphology	30	0	0	2
DH 15	Preventive Dentistry	30	0	0	2
DH 20.1	Clinical Dental Hygiene Seminar	30	0	0	2
DH 200	Clinical Dental Hygiene Care	0	0	120	2
DH 21.1	Local Anesthesia	30	0	45	3
DH 22	General Oral Pathology	45	0	0	3
DH 23	Periodontics	45	0	0	3
DH 24	Dental Hygiene Care for Patients with Special Needs	30	0	0	2
DH 25	Behavioral Foundations of Dental Hygiene Care	15	0	0	1
DH 30	Advanced Clinical Dental Hygiene Seminar	30	0	0	2
DH 300	Advanced Clinical Dental Hygiene Care	0	0	240	4
DH 31	Dental Materials	15	0	0	1
DH 310	Dental Materials Lab	0	30	0	1
DH 32	Pharmacology	45	0	0	3
DH 33	Community Oral Health	30	0	0	2
DH 34	Dental Specialties	30	0	0	2
DH 40	Advanced Clinical Dental Hygiene Seminar	30	0	0	2
DH 400	Advanced Clinical Dental Hygiene Care	0	0	300	5
DH 41.1	Community Oral Health Practicum	15	36	0	2
DH 42	Scientific Methods	15	0	0	1
DH 43	Ethics, Jurisprudence, and Dental Hygiene Practice	45	0	0	3
DH 44	Dental Hygiene Review	30	0	0	2
Total for Degree		660	246	705	62

Approximate time to complete degree program: 64 weeks (not including breaks)

Technical Coursework

Carrington College's Dental Hygiene program helps students develop the skills to give comprehensive dental hygiene care along with professional communication skills and a knowledge of ethical standards and behavior. They learn to analyze and apply advances in research to dental hygiene care and are encouraged to participate in and provide leadership in community activities that promote optimal oral health.

Students may also need to meet post-admission and progression requirements, including drug screening and background checks, prior to starting the program or prior to entering direct patient care.

Carrington's academic catalog, available at carrington.edu/carrington-college/catalog, provides the most current and detailed program information, including admission and graduation requirements.

Accreditation & Disclosures

Carrington College is accredited by the Accrediting Commission for Community and Junior Colleges, Western Association of Schools and Colleges (ACCJC/WASC), 10 Commercial Blvd., Suite 204, Novato, CA 94949, 415-506-0234, an institutional accrediting body recognized by the Council for Higher Education Accreditation and the U.S. Department of Education. Additional information about accreditation, including the filing of complaints against member institutions, can be found at accjc.org.

For comprehensive information on Carrington's accreditation and approvals, visit carrington.edu/accreditation.

Visit carrington.edu/student-consumer-info/ for important information on program outcomes.

Program availability varies by location. Carrington College reserves the right to update information as it becomes available. For the most updated information, visit carrington.edu.

Sacramento Campus

8909 Folsom Blvd.
Sacramento, CA 95826
Phone: 916-585-7770

©2021 Carrington College. All rights reserved.

CMP_PRO_DH_SAC_210104